



GCASA Short Course Qualifying Times 2014



Based on 21% of the National Level, using the Sportsystems “QT” setting programme

Girls	Freestyle					Breaststroke			Butterfly			Backstroke			Individual Medley		
	50m	100m	200m	400m	800m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
10	41.26	1:29.71	3:13.52	6:50.17	14:07.58	53.44	1:55.36	4:07.60	45.34	1:43.22	3:47.13	46.92	1:41.94	3:35.98	1:41.91	3:40.35	7:50.69
11	38.92	1:23.98	3:01.15	6:17.04	12:59.12	49.78	1:46.74	3:49.10	42.66	1:33.73	3:26.25	44.09	1:33.88	3:18.91	1:37.22	3:24.27	7:10.54
12	36.79	1:18.94	2:50.03	5:54.42	12:12.80	46.69	1:40.23	3:34.95	40.20	1:27.42	3:11.80	41.65	1:27.90	3:07.20	1:31.69	3:11.97	6:44.00
13	35.18	1:15.55	2:42.37	5:39.04	11:35.87	44.39	1:34.86	3:23.48	38.30	1:23.42	3:02.13	39.73	1:23.64	2:59.07	1:27.14	3:03.69	6:24.88
14	34.06	1:13.05	2:37.37	5:28.76	11:14.22	42.81	1:30.84	3:16.11	36.95	1:20.11	2:55.17	38.34	1:20.95	2:53.22	1:24.65	2:57.42	6:12.07
15	33.23	1:11.53	2:33.71	5:21.22	11:01.54	41.71	1:29.13	3:12.23	35.97	1:18.61	2:50.77	37.58	1:18.87	2:48.68	1:22.76	2:53.52	6:04.16
16	32.71	1:10.20	2:31.24	5:16.98	10:51.82	41.12	1:28.02	3:09.68	35.44	1:17.37	2:48.39	36.90	1:17.72	2:45.90	1:21.05	2:50.94	5:57.99
17	32.61	1:09.85	2:29.48	5:13.76	10:48.24	40.82	1:26.70	3:07.90	35.28	1:16.41	2:46.23	36.57	1:17.16	2:44.04	1:20.53	2:49.17	5:55.52
18/Over	31.14	1:08.57	2:29.18	5:13.76	10:42.96	39.33	1:24.93	3:02.50	33.42	1:13.79	2:42.37	35.08	1:15.21	2:41.70	1:18.16	2:47.68	5:51.90

Boys	Freestyle					Breaststroke			Butterfly			Backstroke			Individual Medley		
	50m	100m	200m	400m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
10	40.68	1:28.53	3:12.92	6:46.61	26:49.09	53.12	1:54.73	4:07.61	45.38	1:41.84	3:44.73	46.72	1:39.92	3:34.09	1:43.14	3:39.96	7:51.88
11	38.42	1:23.09	3:01.06	6:19.04	25:00.00	49.57	1:46.43	3:49.69	42.32	1:32.95	3:25.12	43.94	1:33.35	3:20.01	1:37.15	3:24.48	7:14.17
12	36.22	1:18.13	2:50.26	5:57.72	23:35.62	46.53	1:40.06	3:35.95	40.04	1:27.34	3:12.74	41.57	1:27.93	3:08.40	1:31.64	3:12.71	6:47.45
13	34.10	1:13.24	2:39.76	5:36.94	22:14.51	43.17	1:32.83	3:21.12	37.42	1:21.40	3:00.01	38.70	1:22.03	2:56.32	1:25.57	3:01.24	6:23.31
14	32.13	1:09.12	2:30.61	5:18.81	21:04.55	40.68	1:27.31	3:08.78	35.18	1:16.30	2:48.98	36.69	1:17.01	2:45.76	1:20.15	2:49.74	5:59.78
15	30.54	1:06.13	2:24.03	5:04.54	20:11.17	38.60	1:22.92	2:59.90	33.24	1:12.29	2:39.08	34.69	1:13.17	2:37.76	1:16.37	2:41.97	5:42.43
16	29.59	1:03.95	2:19.31	4:55.09	19:31.97	37.19	1:20.03	2:54.38	32.21	1:10.23	2:34.86	33.29	1:10.77	2:32.96	1:13.41	2:36.99	5:32.60
17	28.92	1:02.56	2:16.45	4:48.08	19:07.40	36.38	1:18.15	2:49.50	31.33	1:08.25	2:29.79	32.69	1:08.97	2:29.79	1:11.69	2:33.35	5:24.98
18/Over	27.90	1:01.43	2:15.51	4:48.08	19:06.61	35.12	1:16.46	2:45.47	30.14	1:06.38	2:27.29	31.02	1:06.74	2:25.70	1:09.07	2:30.57	5:21.14



Multi-Disability Entry Standards



Girls	Freestyle				Backstroke		Butterfly		Breaststroke			Ind Medley	
	50m	100m	200m	400m	50m	100m	50m	100m	Cat	50m	100m	Cat	200m
S1	00:00	00:00	00:00		00:00		00:00		SB1	00:00		SM1	
S2	2:24.74	5:10.12	10:24.84		2:36.96		00:00		SB2	3:04.44		SM2	
S3	2:08.82	5:01.28	10:35.90		2:10.76		2:22.50		SB3	2:19.24		SM3	
S4	1:46.00	3:47.84	8:00.60		2:07.02		00:00		SB4		3:55.68	SM4	
S5	1:16.00	2:49.84	6:27.70		1:27.92		1:36.28		SB5		3:42.78	SM5	8:06.96
S6	1:13.82	2:40.28		11:44.54		2:58.18	1:18.56		SB6		3:19.16	SM6	6:22.24
S7	1:07.36	2:24.56		10:47.40		2:50.78	1:18.42		SB7		3:09.14	SM7	6:16.12
S8	1:03.64	2:16.92		9:54.42		2:44.48		2:28.22	SB8		2:47.06	SM8	5:33.90
S9	0:59.26	2:06.36		9:31.22		2:22.10		2:21.76	SB9		2:42.50	SM9	5:15.42
S10	0:58.34	2:04.84		9:19.06		2:21.32		2:21.04	SB10			SM10	5:11.70
S11	1:04.40	2:20.00		11:05.58		2:40.66		3:14.06	SB11		3:10.70	SM11	5:58.54
S12	0:57.18	2:05.02		9:41.96		2:28.76		2:24.66	SB12		2:44.24	SM12	5:19.10
S13	0:56.06	2:02.14		9:25.44		2:25.40		2:15.30	SB13		2:49.76	SM13	5:05.08
S14	1:01.40	2:14.50	4:35.62			2:23.58		2:33.68	SB14		2:47.92	SM14	5:32.74

Boys	Freestyle				Backstroke		Butterfly		Breaststroke			Ind Medley	
	50m	100m	200m	400m	50m	100m	50m	100m	Cat	50m	100m	Cat	200m
S1	3:14.22	6:58.92	15:03.20		3:32.42		00:00		SB1	7:07.28		SM1	
S2	2:14.16	4:47.40	10:18.54		2:14.70		00:00		SB2	2:01.36		SM2	
S3	1:36.98	3:39.40	7:24.78		1:42.40		2:09.02		SB3	1:41.42		SM3	
S4	1:19.88	2:52.34	6:15.30		1:35.14		1:36.58		SB4		3:14.78	SM4	
S5	1:08.60	2:31.00	5:24.44		1:22.20		1:22.30		SB5		3:19.28	SM5	7:04.88
S6	1:01.48	2:14.92		10:26.46		2:34.26	1:04.54		SB6		2:50.76	SM6	5:46.40
S7	0:57.26	2:04.20		9:40.78		2:26.46	1:04.36		SB7		2:51.64	SM7	5:16.50
S8	0:53.84	1:57.78		9:12.90		2:13.70		2:03.94	SB8		2:27.02	SM8	4:56.02
S9	0:52.18	1:53.90		8:43.04		2:07.16		2:00.90	SB9		2:18.82	SM9	4:38.70
S10	0:49.02	1:47.18		8:19.90		2:02.28		1:56.64	SB10			SM10	4:30.78
S11	0:54.30	2:02.42		9:48.20		2:21.88		2:13.86	SB11		2:32.56	SM11	5:08.38
S12	0:49.78	1:48.86		8:46.76		2:04.18		1:57.87	SB12		2:23.42	SM12	4:31.34
S13	0:49.32	1:47.72		8:34.78		2:05.04		1:59.54	SB13		2:15.42	SM13	4:30.06
S14	0:52.28	1:55.36	4:06.40			2:12.62		2:07.88	SB14		2:23.42	SM14	4:50.44