

The ASA Coaching Open Water Swimming Courses for 2017 are now available for booking.

This IoS course is a blended programme, which incorporates and blends online theory elements of the programme with face-to-face practical sessions.

Upcoming Courses

1) South West

Day 1:- 25th March 2017

Trowbridge Sports Centre, BA14 0DN

Day 2:- 11th June 2017

Vobster Quay, Radstock, BA3 5SD

2) East Midlands

Day 1:- 03rd June 2017

Loughborough University Pool, LE11 3TU

Day 2:- 05th August 2017

National Water Sports Centre, NG12 2LU

3) South East

Day 1:- 09th April 2017

Mountbatten Centre, PO2 9QA

Day 2:- 24th June 2017

Chichester Watersports, PO18 0NX

4) North East

Day 1:- 18th March 2017

Blyth Sports Centre, NE24 5BT

Day 2:- 20th May 2017

Druridge Bay, NE61 5BX



There will be a simulated pool environment day and an open water date per course. To book your space on a course, please visit www.theiosonline.com. Bookings close 2 weeks prior to the start date of each course.