



# GLOUCESTER COUNTY ASA

President: Brian Guy



## MINUTES OF GLOUCESTER COUNTY ASA EXECUTIVE HELD AT THE GABLES, FALFIELD, GLOS ON MONDAY 17<sup>th</sup> November 2014

### Attendees:

#### **Hon County Posts:**

Brian Guy – President, Keith Smith – Secretary, Karen Bailey – Treasurer, Alan Giles (Open Water), Neil Harper (Officials),

#### **Club Delegates:**

Club	Delegate 1	Delegate 2
Bishopsworth SC	Grace Williams	
Bristol Central SC	Nicky Booth	
Bristol Henleaze SC	Brian Guy	
Bristol Masters SC	Herbie Adams	
Bristol North SC	Janet Staddon	
Bristol Penguin Olympic SC	Jeremy Dudley	Karen Bailey
Brockworth SC		
Cheltenham S&WP Club	Ian Stuart	Phil Jones
Cinderford & District SC		
Cirencester SC		
City of Bristol SC	Nicky Booth	
Dursley Dolphins		
Gloucester City SC	Josh Pattison	
Gloucester Masters SC		
Harlequins WPC	Gerald Staddon	
Lydney SC		
Portway SC		
Sevenside Tritons	Rachel Roberts	Keith Smith
Soundwell SC	Darren Stone	
Southwold SC		
Stroud Masters SC		
Tewkesbury SC	Allan Clift	
United Bristol Swimming Club	Brian Guy	

#### **Past Presidents**

Marion Britton

Pauline Adams

Mike Hynd

Item	Action
<ul style="list-style-type: none"> <li>• <b>Apologies:</b> Sheila Bryant (Severnside), Dave Beaument (C.O.B.), Richard Tomlinson (County Champs), Brian Bradley (Cinderford), David Lowther (Southwold)</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Minutes of Meeting 15<sup>th</sup> September 2014:</b> Minutes accepted.</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Matters Arising from 15<sup>th</sup> September:</b> None</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Correspondence</b> None</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Treasurers Report</b> Karen Bailey supplied an account summary for circulation at the meeting (a copy has been emailed to all club contacts as well). Karen reported that due to the time of year there were more outgoings than incomings. Problems had been encountered making payments due to obtaining signatories (this topic is covered separately under A.O.B. Payment processes).</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Activity and Reports</b> <ul style="list-style-type: none"> <li>a. <b>Swimming – Blocks 2015</b> Richard Tomlinson was not available for the meeting but had supplied documentation on the Blocks 2015. Two approval points were required by the Executive. <ul style="list-style-type: none"> <li>• <i>Entry Charges &amp; Programmes (see appendix 1 for detail)- APPROVED</i></li> <li>• <i>Merchandising (see appendix 1 for detail)- APPROVED – Jenny Sheppard volunteered to help organize this.</i></li> </ul> <p>In addition Richard had supplied the Running of Sessions chart (Lead Clubs and Support Clubs) (<i>see appendix 1 for detail</i>)</p> </li> <li>b. <b>Open Water – Alan Giles</b> Alan Giles had previously supplied a report to the meeting which had been circulated - <i>See Appendix 2.</i>  The topic of running of the Open Water 2015 championships was discussed with the preference to run at Henleaze. Alan to email all GCASA club coaches to ascertain commitment and numbers of potential swimmers who would attend. The previous years have seen a decline in attendance and unless support is received from the clubs running the open water championships may not be viable as was the case in 2014.</li> <li>c. <b>Swimming Officials – Neil Harper</b> <ul style="list-style-type: none"> <li>• Judge 1 courses have been held at UBSC and Brockworth.</li> <li>• Referees exam held first week in November one candidate from the County Sat the exam.</li> <li>• I am looking at running a course in January. The meeting gave approval for the course to go ahead.</li> <li>• Regional Disability gala held at Horfield in October.</li> <li>• Regional Seminar on Mentoring held at UWE in early November.</li> </ul> <p><i>Neil Harper Manager Swimming Officials GCASA</i></p> </li> </ul> </li> </ul>	<p>Alan Giles</p>

**d. Synchronised Swimming – Ian Stuart**

See Appendix 3

**e. Water Polo – Phil Jones**

Water Polo continues to go well. The SWR was well attended by the county club teams achieving 2<sup>nd</sup> place in 5 of the events.

**f. Disability – Josh Pattison**

DSE South West regionals were on Sunday 26th October at Horfield. There was a very low entry, only 27 swimmers. Gloucestershire was the most represented county with 13 swimmers, however every one of these was representing Gloucester City.

DSE Nationals are next weekend, 22nd and 23rd of November in Manchester. Gloucestershire has 11 entries into these. 10 for Gloucester and 1 Bristol North.

Date for British International is 26-29th of March and info is on the British Swimming website. This is the qualification meet for the world champs which will be 13-19th July also in Glasgow.

They are looking to establish a regional disability forum. Not entirely sure about what it will involve at the moment but the first meeting will be Saturday February 7th, 11:00 at the regional office. I have been asked to attend and lead.

**g. Masters Swimming – Herbie Adams**

Masters' swimming in the County remains much as usual and, thus, it is of value to identify what change there is:

- age-balance appears to be shifting towards younger age groupings though not yet significantly in "Seniors" (18 -24) band.
- our championships entry was higher in our own County's swimmers but lower in our partners from Somerset and S.Wales and was affected by our meet's closeness to the LEN meet in Holland.
- our championships benefitted greatly from an increased number of volunteer officials, but was slightly affected by partial malfunction of the timing systems at the venue. It is worth advising here that, if we, as a sport, do not use facilities, they will not be maintained.
- Our performance in the Intercounty Masters' event was marginally below that of the previous year for though the quality was better, the depth was less.
- Masters' Swimming remains popular, despite competing attractions and is, thus, appreciative of the support that it receives from the County, the clubs and from administrators and officials. Nevertheless, its growth is slow

<p><b>h. Regional – Keith Smith/Marion Britton</b></p> <p><b>Board Meeting</b> – the next meeting is next week. Keith will supply an update after the meeting.</p> <p><b>Regional Sub Committees</b> – Marion continues to attend the Swimming Sub-Committee meetings. The SWR have now issued the swim championship conditions following the changes within the ASA competition structure. This has been circulated to the clubs</p> <p><b>ASA Council Meeting</b> – This was attended by Phil Jones who reported that a new Chairman had been appointed.</p>	
<p><b>A.O.B.</b></p> <p><b>1. County Payment Process</b>  Karen and Keith reported that arranging payments by dual signatory of cheques was proving cumbersome and a number of payments were late.</p> <p>Karen and Keith put forward the following proposals:</p> <ul style="list-style-type: none"> <li>• Karen and Brian to be added as signatories for cheques – approved</li> <li>• Investigation into on-line banking. Alan Giles informed the attendees that Henleaze had now gone down this route utilizing a facility whereby an on-line sign-off was in place requiring two separate on-line sign-off's. The process enabled the maintaining of good practice security. Henleaze had also moved to a current and deposit account system offering additional security on monies held. Karen will liaise with Henleaze and put forward a proposal at the next meeting Jan 2015.</li> </ul>	Treasurer
<p><b>2. Inter-County May 23<sup>rd</sup> 2015</b> – Wiltshire County ASA has arranged a L1 long course team meet and have invited various counties to enter 1 or 2 teams. Gloucester ASA have confirmed they will submit 1 team. Eligibility for the team will <b>exclude</b> swimmers who attended the National team championships in October 2014. As a L1 licensed meet times will be legal ranked times. <i><b>It is noted that this is within the new ASA competitive meet qualification window however clubs are asked to highlight this on their competition calendars.</b></i></p> <p><b>3-Counties 12<sup>th</sup> July 2015 - Hereford</b> – <i>clubs are asked to highlight this on their competition calendars.</i></p> <p><b>3. Team Manager Training</b> – Marion Britton had not received any response from clubs for someone to train up as a Team Manager trainer. Marion has identified someone with the relevant experience and will approach them to see if they would be interested.</p> <p><b>4. Young Volunteers Programme.</b> Take up for this has been disappointing – although it is noted that due to the change in age groups some swimmers have already undertaken the training. The Gloucester County coordinator has had some trouble obtaining information from the SWR coordinator and this will be fed back. Gloucester City SC have been the most involved in this programme to date and it was suggested that perhaps more information could be supplied to the clubs on the benefits achieved from the experience. County Sec to contact the County Volunteer's Coordinator and raise problems with getting young volunteers to commit with SWR.</p>	<p>All Clubs</p> <p>All Clubs</p> <p>Marion Britton</p> <p>County Sec</p>



## Appendix 1 - GCASA CHAMPIONSHIP 2015

### Key Actions – Completed to Date (For information)

- 1) Meet Conditions Approved by County Exec (Sep 2014)  
- Details of the competition now on the GCASA website
- 2) Meet License Application submitted (Oct 2014)
- 3) Meet Entry file issued to Clubs & placed on Website (Paper Entry forms issued to Clubs)
- 4) Medals ordered (12 week lead time)

### Entry Charges & Programmes: For Exec to approve

Session 1: (1500m/800m at Bristol Hengrove): Entry = £1.00, Programmes 50p

All Other Sessions (at GL1): Entry = £3.00 per Session or £5.00 per Day, Programmes 50p (per session)  
Concessions: OAPs and Children under 16 will be free.

NB All programmes will be available for free on the website and all meet details will be on Meet Mobile.

### Merchandising: For Exec to Decision

We have been approached by two different “swim shops” with offers of producing bespoke merchandising for the County Championships i.e. T-shirts/Hoodies and Swim Hats.

Is this something the County Exec wish to pursue?

If so, we need a volunteer to organise this.

### Running the Sessions (For Information)

Date	Sessions	Lead Club	Support Club(s)
Sunday 18 <sup>th</sup> January	1	UBSC	Bristol Henleaze, Bristol Penguins, Bristol North, Bristol Central, Bishopsworth
Saturday/Sunday 7 <sup>th</sup> & 8 <sup>th</sup> February	2-5	Soundwell	Southwold, Bristol Penguins, Lydney, Bristol North
Saturday/Sunday 7 <sup>th</sup> & 8 <sup>th</sup> March	6-9	Sevenside	Bristol Central, Bishopsworth, Cinderford, Dursley
Saturday/Sunday 21 <sup>st</sup> & 22 <sup>nd</sup> March	10-15 Inc. Teams	Gloucester City	Bristol Henleaze, Tewkesbury, Cheltenham, Cirencester

The Lead Club will be responsible for ensuring we have sufficient helpers for each session. The support clubs must be willing to provide at least 3 helpers per session and pass on these details to the Lead club. The Lead Club must supply a Workforce Coordinator who should be present during all relevant sessions.

NB Exact requirements for helpers will be communicated to the Lead Clubs in the next few weeks.

Richard Tomlinson GCASA Meet Manager [mrrichtom123@btinternet.com](mailto:mrrichtom123@btinternet.com)

## Appendix 2 - OPEN WATER REPORT

### **Introduction & general comments**

- Open Water refers to outdoor swimming (i.e. not in an indoor pool). Water temperature is an important consideration in Open Water training or competition (with guidance on required water temperature provided in the ASA handbook)
- As will be appreciated outdoor water temperature will be very dependent on the time of the year and sunshine (to heat the water). Consequently in the UK Open Water swimming will be limited to summer i.e. late May to say September.
- It should be appreciated that many Open Water swimmers still train regularly in the indoor pool, but also have outdoor swim sessions (possibly with wet suits) to acclimatize for Open Water.

As an Island Nation we are surrounded by sea; I anticipate many Club swimmers and their families have been to sea side.

Nearer to home **you have Henleaze Lake on your doorstep**. This year both Bristol Henleaze SC and Bristol Penguins SC had Open Water sessions, with the added advantage of the use of the diving boards (4 separate boards @ 7.5, 5, 3 and 1 meters) - both Clubs enjoyed the Open Water experience at Henleaze Lake.

### **Next year - 2015 Training opportunities for Clubs at Henleaze Lake**

HSC is interested in supporting Open Water.

- HSC, with their Superintendent team would be able to provide evening and Saturday Open Water sessions (say from mid May / early June to September)  
(Evenings could be say 7.20 pm to 8.30pm  
& Saturdays say 9.00am to 11am)
- These sessions would provide an opportunity for Clubs to have specific Open Water sessions with HSC – and help to provide training for the West ASA Open Water championships at Weymouth at the end of June, and the National Open Water championships at Rother Valley, near Sheffield.

**Finally** So if you or your Club want to know more about Open water and use of Henleaze Lake please contact [Henleazeswimmingclub.org](http://Henleazeswimmingclub.org) - or alternatively please contact me

*Alan Giles Open Water Manager*

## Appendix 3 - SYNCHRONISED SWIMMING

Cheltenham entered the Multi Regional recreational competition at Plymouth on 27th September where the 12-and-under team came third in their group and the U19 team came second in their group. Both teams are now in training for the National Age Groups competition.

Bristol Central have entered a number of competitions, with the following results -

At the end of September we took our Recreational/Development Squads to the South West Recreational competition at Plymouth.

We took three squads 12/u, 13/14 and 15/17 years, for the majority of the girls this was their first ever routine competition. We had great results with 12/u - 2nd, 13/14 - 1st and 15/17 - 1st.

In October our competitive squads had 2 competitions, the Multi-Regional competition at Crawley and the Scottish Championship and Age Groups at Glasgow.

At the Multi Regionals competing against clubs from London and the South East we had the following results: 12/u Soloist - 4th, Team - 2nd, 13/14 Soloists 1st & 2nd, Duets 1st, 3rd and 4th, Team 1st. 15/17 Team 2nd.

The Scottish Championships saw us travel up to Glasgow with a group of over 50 competitors, staff and parents from the club. We had the following great results:

Medallists in Figures: Jess Smith 12/u - 2nd, Izzy Thorp 13/14 - 1st, Corrie Leech 15/18 - 2nd. Soloists: Senior: Emma Holloway - 1st, 13/14: Izzy Thorp -1st, Kate Shortman - 2nd, 15-18: Corrie Lech - 2nd, Duet: 13/14: Izzy & Kate - 1st Teams: 12/u - 1st, 13/14 - 1st, 15/18 - 1st

We are now training towards to National Age Groups in Gloucester at the beginning of December 2014.

The final competition of the year will be the National Age Groups on 5th December - 7th December 2014 at GL1 in Gloucester when swimmers from Bristol Central and Cheltenham will compete.

The ASASWR Synchro Standing Committee met on 20th September 2014 at the ASASWR office at Wellington.

Numerous skill assessment days have been arranged around the country which Gloucestershire swimmers attended, and development days have been held locally and regionally for swimmers, coaches and officials.

More assessment and development days will be held during the year, using the Burnham-on-Sea pool as a venue.

I would like to thank Alyson Bashford, Mary Hooper and Viv Ebbs for organising and publicising these days and their involvement in the organisation of competitions, and to thank all the coaches, officials and volunteers for their time and dedication.

Ian Stuart - ASASWR Synchro Standing Committee