

3-Counties Invitation Meet 2013

A Team of 51 Swimmers were selected from County Clubs to represent the County in the Annual 3-Counties Invitation Event. The event is a traditional event swum between Staffordshire ASA, Worcestershire ASA and Gloucester County ASA. This year the hosts were Staffordshire ASA so a nice trip up North was needed. We had a good turnout for the coach trip needing us to get a double decker bus to cope with the numbers.

This year's Team Captains on the day were Annie Brown (Bristol Central) and Craig Munden (Gloucester City) this is the last year of competition for these 2 swimmers who have both represented the County many times in the past.



Mike Hynd our President travelled up with us on the coach and presented County Colours to:

Alexander Cohoon	Cirencester
Lucas Bennett	Bristol Penguins
Cameron Lewis	Gloucester
George Langman	Bishopsworth
Delphi Evans	Sevenside
Jessica Reynolds	Bristol Penguins
Olivia Butler	Sevenside
Isobel Ashton	Soundwell
Charlotte Frost	Dursley
Anna Soteriou	Bristol Penguins
Sophie O'Neil	Tewksbury

Joel Williams	Soundwell
Archie Watts	Bristol Henleaze
Matilda Hall	Gloucester City
Katherine Brown	Bristol Central
Bethan Blakelock	Gloucester City
Christopher Graffin	Tewksbury

Competition was keen as always with some top class age group swimmers competing. The event was very tight and the closest for many years. All positions were too close to call until the final round of relays. Worcestershire eventually ran out winners with Staffordshire in second but Gloucester County were very close behind. The final points scores were:

Worcestershire – 313 points
 Staffordshire – 298 points
 Gloucester County – 292 points

There were some excellent swims on the day with multiple event winners in individual events. It was perhaps our strength in depth against the other Counties which is our main area for improvement, which showed in the overall relay results

We had great support from the team managers Beatrice Hatton and Mel Bennett and from the plethora of officials needed for the L2 licence; Sheila Bryant, Sue Malone, Alison Munden, Marco Maestri, David O'Neil, Helen Hewson-Barselloti

The results and splits are below. The results are the official results and the splits are from the watches of our 2 coaches on the day Matt Puddy and James Richards. Please remember these are hand timed splits and the coaches may have been a little keen at times with the excitement!

	Even ages		Odd ages	
	Name	Time	Name	Time
1 B 6 x 2 F/S CANNON	Alex Cohoon	32.41	Jedd Woodruff	29.07
	Lucas Bennett	33.76	Eddie Maddocks	29.27
	Henry Bennett	29.48	Oliver Thorpe	27.25
	Sam Lewis	30.08	Matthew Munden	27.65
	Joe Parker	25.27	Chris Powell	25.33
	William Cole	25.17	Ed Walsh	24.32
	Team:	2:56.39 (4)		2:43.09 (2)
2 G 10/11 IND MEDLEY	Delphi Evans	1:25.85 (6)	Alysia Maestri	1:18.62 (3)
3 B “	Alex Cohoon	1:24.46 (6)	Jedd Woodruff	1:15.93 (1)
4 G 12/13 BACKSTROKE	Stephanie Cummins	1:14.29 (5)	Katherine Brown	1:15.53 (6)
5 B “	Henry Bennett	1:11.13 (3)	Alex Seymour	1:05.10 (3)
6 G 14/15-16 BREASTSTROKE	Jessica Shaw	1:17.54 (4)	Rebecca Sheppard	1:14.71 (1)
7 B “	William Cole	1:16.27 (5)	Ed Walsh	1:10.03 (3)
8 G 10/11 BUTTERFLY	Delphi Evans	40.37 (6)	Anna Soteriou	35.07 (3)
9 B “	Cameron Lewis	41.01 (6)	Eddie Maddocks	34.63 (3)
10 G 12/13 FREESTYLE	Emma Hatton	1:06.66 (4)	Maria Jones	1:03.24 (2)
11 B “	Henry Bennett	1:09.18 (6)	Matthew Munden	58.45 (1)
12 G 14/15-16 IND MEDLEY	Sophie Tebbs	2:27.51 (1)	Abi Bowring	2:28.64 (4)
13 B “	William Cole	2:24.16 (4)	Craig Munden	2:15.70 (2)
14 G 10/11 BACKSTROKE	Olivia Butler	38.29 (5)	Laura Smith	35.84 (1)
15 B “	George Langman	40.07 (5)	Eddie Maddocks	34.76 (1)
16 G 12/13 BREASTSTROKE	Matilda Hall	1:22.11 (3)	Abi Rawlings	1:18.34 (1)

17 B	“	Archie Watts	1:29.12 (6)	Joe Fountain	1:20.47 (3)
18 G 14/15-16 F/S TEAM		Evie Reed Jessica Shaw Sophie Whitehead Sophie Tebbs Team:	29.20 27.70 29.56 28.94 1:55.52 (4)	Rebecca Sheppard Georgina Hardwick Abi Bowring Annie Brown	29.02 28.92 29.03 27.82 1:54.70 (2)
19 B	“	William Cole Danny Pirrett Chris Graffin Joe Parker Team:	25.70 28.00 27.18 25.60 1:46.78 (4)	Craig Munden Chris Powell George Firth Ed Walsh	26.03 26.21 25.18 25.03 1:42.28 (2)
20 G 10/11 F/S TEAM		Jessica Reynolds Olivia Butler Isobel Ashton Delphi Evans Team:	34.51 33.83 35.78 34.10 2:19.93 (6)	Laura Smith Sophie O’Neil Anna Soteriou Alysia Maestri	32.50 32.00 32.75 31.06 2:08.47 (2)
21 B	“	Lucas Bennett George Langman Cameron Lewis Alex Cohoon Team:	33.91 34.24 35.51 33.26 2:17.35 (5)	Eddie Maddocks George Stagg Kasper Wickens- Shaw Jedd Woodruff	29.41 31.25 30.32 28.93 2:00.14 (1)
22 G 12/13 F/S TEAM		Matilda Hall Abi Giles Isabelle H-Barselotti Emma Hatton Team:	29.61 30.53 30.52 29.55 2:00.01 (3)	Maria Jones Abi Rawlings Katherine Brown Bethan Blakelock	29.93 29.72 31.03 29.43 2:00.13 (4)
23 B 12/13 F/S TEAM		Sam Lewis Joel Williams Archie Watts Henry Bennett Team:	29.84 29.92 32.99 30.52 2:03.91 (6)	Matthew Munden Chris Malone Oliver Thorpe Alex Seymour	27.53 28.53 27.67 27.72 1:51.33 (1)
24 G 14/15-16 BUTTERFLY		Evie Reed	1:06.92 (2)	Rebecca Sheppard	1:08.33 (3)
25 B	“	Joe Parker	1:09.57 (6)	George Firth	1:03.90 (2)
26 G 10/11 FREESTYLE		Jessica Reynolds	34.23 (6)	Alysia Maestri	30.88 (2)
27 B	“	Lucas Bennett	34.24 (5)	Jedd Woodruff	28.65 (1)
28 G 12/13 IND MEDLEY		Stephanie Cummins	2:39.26 (4)	Maria Jones	2:37.50 (3)
29 B	“	Sam Lewis	2:42.37 (5)	Matthew Munden	2:21.64 (2)
30 G 14/15-16 BACKSTROKE		Jessica Shaw	1:07.14 (2)	Abi Bowring	1:11.35 (5)
31 B	“	Joe Parker	1:10.39 (6)	George Firth	1:02.52 (2)
32 G 10/11 BREASTSTROKE		Olivia Butler	49.54 (6)	Laura Smith	42.05 (4)
33 B	“	Alex Cohoon	45.34 (6)	Eddie Maddocks	42.77 (2)
34 G 12/13 BUTTERFLY		Abi Giles	1:14.54 (5)	Bethan Blakelock	1:13.67 (3)
35 B	“	Archie Watts	1:19.48 (6)	Alex Seymour	1:05.14 (2)
36 G 14/15-16 FREESTYLE		Sophie Tebbs	1:00.99 (2)	Annie Brown	1:02.76 (5)
37 B	“	Danny Pirrett	1:00.46 (6)	Craig Munden	54.58 (2)
38 G 10/11 MEDLEY TEAM		Olivia Butler Charlotte Frost Delphi Evans Isobel Ashton	39.31 46.12 41.22 36.82 2:44.65 (6)	Laura Smith Alysia Maestri Anna Soteriou Sophie O’Neil	37.88 41.50 35.45 31.43 2:26.40 (2)

39 B	“	George Langman Alex Cohoon Cameron Lewis Lucas Bennett Team:	40.79 44.17 40.56 35.70 2:41.71 (6)	Eddie Maddocks George Stagg Jedd Woodruff Kasper Wickens- Shaw	34.22 41.15 33.35 30.86 2:19.92 (1)
40 G 12/13 MEDLEY TEAM		Isobel H- Barselotti Matilda Hall Emma Hatton Stephanie Cummins Team:	36.64 38.07 33.11 30.77 2:19.13 (4)	Katherine Brown Abi Rawlings Bethan Blakelock Maria Jones	36.71 36.71 33.57 29.58 2:16.38 (2)
41 B		Joel Williams Archie Watts Sam Lewis Henry Bennett Team:	33.05 41.28 35.81 30.03 2:20.77 (6)	Matthew Munden Joe Fountain Chris Malone Oliver Thorpe	30.87 38.04 32.96 28.25 2:10.28 (3)
42 G 14/15-16 MEDLEY TEAM		Sophie Whitehead Jessica Shaw Evie Reed Sophie Tebbs Team:	35.43 33.14?! 30.91 29.15 2:11.64 (3)	Georgina Hardwick Annie Brown Rebecca Sheppard Abi Bowring	32.34 36.72 30.43 28.89 DQ T-5L
43 B	“	Danny Pirrett William Cole Joe Parker Chris Graffin Team:	32.92 35.91 29.61 26.83 2:06.61 (6)	George Firth Ed Walsh Craig Munden Chris Powell	? ? 27.75 25.53 1:54.63 (3)
44 G 6 x 2 F/S CANNON		Delphi Evans Jessica Reynolds Emma Hatton Matilda Hall Jessica Shaw Sophie Tebbs Team:	35.26 36.69 29.52 29.07 28.26 28.56 3:08.23 (4)	Alysia Maestri Anna Soteriou Abi Rawlins Maria Jones Rebecca Sheppard Annie Brown	31.60 33.89 29.61 29.03 28.07 27.90 3:00.06 (2)

Well done to all swimmers and many thanks to the officials and poolside helpers who made the trip and I hoped you enjoyed the event.

Keith Smith
GCASA 3-Counties Co-ordinator